



FINDING YOUR WAY WITH  
METASTATIC BREAST  
CANCER



If you or someone you care about has metastatic breast cancer and would like to know about resources and services such as:

- Information and education
- Counselling
- Talking with others with metastatic breast cancer
- Support from a Breast Care Nurse
- Finances, superannuation and planning ahead
- Exercise, nutrition and wellbeing
- Support for those close to you
- Clinical trials

## FEEL FREE TO CONTACT



### Breast Cancer Network Australia

**w** [bcna.org.au](http://bcna.org.au)  
**ph** 1800 500 258

### Counterpart

**w** [counterpart.org.au](http://counterpart.org.au)  
**ph** 1300 781 500

### McGrath Foundation

**w** [mcgrathfoundation.com.au](http://mcgrathfoundation.com.au)  
**ph** 1800 183 338

### Cancer Council Victoria

**w** [cancervic.org.au](http://cancervic.org.au)  
**ph** 13 11 20

### Think Pink

**w** [thinkpink.org.au](http://thinkpink.org.au)  
**ph** 03 9820 2888



Visit [wecan.org.au/signpost](http://wecan.org.au/signpost) for an introduction to what these organisations provide.

Supported by a grant from the National Breast Cancer Foundation