

IMPORTANT INFORMATION FOR MY CANCER TEAM

MY HEALTH

- I rate my health as **good/average/poor**
- I feel happy **often/sometimes/never**
- I have **heart disease/arthritis/diabetes/ breathing problems/kidney disease**
Other
- I take medications a day
- I have **lost/gained** kgs in the last 6 months
- My diet is **good/average/poor**
- My hearing is **good/average/poor**
- My vision is **good/average/poor**

PHYSICAL ACTIVITIES

- I can walk metres **without/with** a frame
 - I do some exercise: **daily/weekly/never**
 - I do **all/some/none** of the housework and shopping
- I have help with
- I had falls in the last 6 months.

This is Me

Preferred name

Age Gender

Language spoken

Born in

My relationship with my GP is **good/average/poor**

WHAT'S IMPORTANT

- I enjoy
- Things that are important to me are
- Quality of life is **more/less** important than length of life for me
- My cancer team need to know that

THINKING

- My memory is **good/average/poor**
- I **do/don't** pay my bills & manage my money
- I use or try to use computers **yes/no**

BEING WITH OTHERS

- My home is my **own house/aged care home** or
- I live **by myself/with family/with friends**
 - I spend time with other people **often/sometimes/rarely**
 - I feel lonely **never/sometimes/often**