

IMPORTANT INFORMATION FOR MY CANCER TEAM

MY HEALTH

- I rate my health as good/average/poor
- I feel happy often/sometimes/never
- I have heart disease/arthritis/diabetes/
breathing problems/kidney disease
- Other
- I take 5 medications a day
- I have lost/gained 5 kgs in the last 6 months
- My diet is good/average/poor
- My hearing is good/average/poor
- My vision is good/average/poor

PHYSICAL ACTIVITIES

- I can walk 20 metres without/with a frame
- I do some exercise: daily/weekly/never
- I do all/some/none of the housework and shopping
- I have help with meals
.....
to get places.....
- I had 2 falls in the last 6 months.

This is Me

Preferred name Marj
 Age 87 Gender

Language spoken English
 Born in Benalla

My relationship with my GP is
good/average/poor

WHAT'S IMPORTANT

- I enjoy gardening
- Things that are important to me are
my family
going to church
- Quality of life is more/~~less~~ important than
length of life for me
- My cancer team need to know that
I am not leaving my home.
I dont want treatment that will
make me very sick.

THINKING

- My memory is good/average/poor
- I do/~~don't~~ pay my bills & manage my money
- I use or try to use computers yes/no

BEING WITH OTHERS

- My home is my own house/aged care home or
- I live by myself/with family/with friends
- I spend time with other people
often/sometimes/rarely
- I feel lonely never/sometimes/often